

**Amanda Hutcheson Wilkerson, Ph.D., CHES®**

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## EDUCATION

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**The University of Alabama**, Tuscaloosa, AL (2017)

*Ph.D. in Health Education and Promotion*

Department of Health Science

College of Human Environmental Sciences

Dissertation: *Occupational Sedentary Behavior: Application of the Social Ecological Model*

**The University of Mississippi**, University, MS (2014)

*M.S. in Health Promotion*

Department of Health, Exercise Science, and Recreation Management

School of Applied Sciences

**The University of Mississippi**, University, MS (2012)

*B.S. in Exercise Science*

Department of Health, Exercise Science, and Recreation Management

School of Applied Sciences

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## PROFESSIONAL CERTIFICATIONS

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**CHES® – Certified Health Education Specialist** (2014 – Present)

Certification Number: 22898

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## ACADEMIC APPOINTMENTS

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**Assistant Professor** (2019 – Present)

Department of Human Environmental Sciences

College of Human Environmental Sciences

The University of Alabama, Tuscaloosa, AL

**Assistant Professor** (2017 – 2019)

Department of Health and Exercise Science

College of Arts and Sciences

The University of Oklahoma, Norman, OK

**Lab Director** (2017 – 2019)

Community Physical Activity and Health Lab

Department of Health and Exercise Science

The University of Oklahoma, Norman, OK

**Graduate Teaching and Research Assistant (2014 – 2017)**

Department of Health Science  
 College of Human Environmental Sciences  
 The University of Alabama, Tuscaloosa, AL

**Graduate Teaching and Research Assistant (2012 – 2014)**

Department of Health, Exercise Science, and Recreation Management  
 School of Applied Sciences  
 The University of Mississippi, University, MS

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**PUBLICATIONS**


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*Note:* \*Name change from Hutcherson to Wilkerson in 2017; \*\*Denotes current or former graduate or undergraduate student mentee

***Peer Reviewed Manuscripts Published and In Press***

- Dobbs, P. D., Branscum, P. & **Wilkerson, A. H.** (In Press). Intention to use e-cigarettes to quit smoking: A reasoned action approach. *American Journal of Health Education*.
- \*\*Bernard, R., Cheney, M., **Wilkerson A. H.**, \*\*Karki, I., & Maness, S. B. (2020). Utilizing social determinants of health to elicit perceived control beliefs about physical activity among African Americans. *Journal of Racial and Ethnic Health Disparities*, 7(2), 336-344. doi:10.1007/s40615-019-00662-0
- Roberts, J. E., Smith, A. M., **Wilkerson, A. H.**, Chandra, A., Patel, V., Quadri, S. S. A, Mann, J. R., Brodell, R. T., & Nahar, V. K. (2020). “Psychodermatology” knowledge, attitudes, and practice among health care professionals: A scoping review. *Archives of Dermatological Research*. Advanced online publication. doi: 10.1007/s00403-020-02050-9
- Nahar, V. K., **Wilkerson, A. H.**, Pearlman, R. L., Ferris, T. S., Zardoost, P., Payson, S., Aman, I., Quadri, S. S. A., & Brodell, R. T. (2020). Skin cancer related knowledge, attitudes, beliefs, and practices among the population in Gulf Cooperation Council Countries: A systematic search and literature review. *Archives of Dermatological Research*. Advanced online publication. doi: 10.1007/s00403-020-02041-w
- Nahar, V. K., **Wilkerson, A. H.**, Mayer, J. E., Gromley, Z., Berry, D., Nahar, L., & Brodell, R. T. Attitudes and practice among dermatologists regarding indoor tanning. (2019). *Archives of Dermatological Research*. Advanced online publication. doi: 10.1007/s00403-019-02026-4
- **Wilkerson, A. H.**, \*\*Bridges, C. N., Wu, C., \*\*McClendon, M. E., Walsh, S. M...& Umstaddt Meyer, R. (2019). Process evaluation of the BearStand behavioral intervention: A social cognitive theory-based approach to reduce occupational sedentary behavior. *Journal of Occupational and Environmental Medicine*, 61(11), 927-935. doi: 10.1097/JOM.0000000000001704

- **Wilkerson, A. H.,** \*\*Bhochhibhoya, S., \*\*Dragicevic, A., & Umsttad Meyer, M. R. (2019). An ecological investigation of barriers and facilitators impacting standing desk use in real working conditions: A qualitative study. *American Journal of Health Education, 50*(5), 308-317. doi:10.1080/19325037.2019.1642266.
- Nahar, V. K., **Wilkerson, A. H.,** Stephens, P. M., Kim, R. W., & Sharma, M. (2019). Testing multi-theory model (MTM) in predicting initiation and sustenance of physical activity behavior among osteopathic medical students. *Journal of the American Osteopathic Association, 119*(8), 479-487. doi:10.15171/hpp.2016.11.
- \*\*Gowin, M., **Wilkerson, A. H.,** Maness, S. B, Larson, D. J., Crowson, H. M., \*\*Smith, M., & Cheney, M. K. (2019). Wearable activity tracker use in young adults through the lens of social cognitive theory. *American Journal of Health Education, 50*(1), 40-51. doi: 10.1080/19325037.2018.1548314
- **Wilkerson, A. H.,** Usdan, S. L., Knowlden, A. P., Leeper, J. L., Birch, D. A., & Hibberd, E. E. (2019). Workplace-related factors associated with employees' standing time at work: A research brief. *American Journal of Health Promotion, 33*(4), 606-610. doi:10.1177/0890117118807407.
- **Wilkerson, A. H.,** \*\*Thomas, H. O., & Nahar, V. K. (2019). Correlates of physical activity behaviour among nursing professionals: A systematic search and literature review. *Journal of Health and Social Sciences, 4*(2), 157-172.
- Moore, L. N., **Wilkerson, A. H.,** & Nahar, V. K. (2019). Indoor tanning, sun protection, and skin cancer examination [Research Highlights]. *Journal of the Dermatology Nurses' Association, 11*(4), 181-184. doi: 10.1097/JDN.0000000000000475
- Nahar, V. K., **Wilkerson, A. H.,** Patel, F. C., Kim, R. W., Stephens, P. M., & Sharma, M. (2019). Utilizing multi-theory model (MTM) in determining intentions to smoking cessation among smokers. *Tobacco Use Insights, 12,* 1-8. doi: 10.1177/1179173X19843524.
- Nahar, V. K., **Wilkerson, A. H.,** Martin, B., Boyas, J. F., Ford, M. A., Bentley, J. P., Johnson, P., Beason, K. R., Black, W. H., & Brodell, R. T. (2019). Sun Protection Behaviors of State Park Workers in the Southeastern USA. *Annals of Work Exposure and Health, 63*(5), 521-532. doi: 10.1093/annweh/wxz019.
- **Wilkerson, A. H.,** Usdan, S. L., Knowlden, A. P., Leeper, J. L., Birch, D. A., & Hibberd, E. E. (2018). Occupational sedentary behavior: Ecological influences on employees' workplace behavior. *American Journal of Health Promotion, 32*(8), 1688-1696. doi: 10.1177/0890117118767717.
- \***Hutcheson, A. K.,** Piazza, A. J., & Knowlden, A. P. (2018). Worksite-based environmental interventions to reduce sedentary behavior: A systematic review. *American Journal of Health Promotion, 32*(1), 32-47. doi: 10.1177/0890117116674681.

- Nahar, V. K., **Wilkerson, A. H.**, ... & Brodell, R. T. (2018). Skin cancer knowledge, attitudes, beliefs, and prevention practices among medical students: A systematic search and literature review. *International Journal of Women's Dermatology*, 4(3), 139-149. doi:10.1016/j.ijwd.2017.10.002.
- Gallucci, A. R., Hackman, C. L., & **Wilkerson, A. H.** (2018). Examining the relationship between religious coping and the misuse of prescription stimulants among a sample of undergraduate students. *Substance Use and Misuse*, 53(9), 1571-1579. doi:10.1080/10826084.2017.1416405.
- Nahar, V. K., Hasani, Z., Martin, B., Boyas, J. F., Chabok, R., Philip, L. S., Ghafari, G., Seidfaraji, L., Chelf, S., Lakhani, R., **Wilkerson, A. H.**, Savoy, M., & Sharma, M. (2017). Perceptions and practices of Iranian population regarding Skin Cancers: A Literature Review. *Journal of Skin Cancer*. Advanced online publication. doi:10.115520174934108.
- Morgan, R., Nahar V. K., **Wilkerson, A. H.**, Ford, M. A., Hendricks, A., Bawa, G., Bass, M. A., & Sharma, M. (2017). Osteoporosis knowledge, perceptions, and self-efficacy among nursing students in Mississippi. *Journal of the Mississippi State Medical Association*, 58(10), 264-269.
- Martin B., **Wilkerson, A.H.**, Pham L., Nahar V.K., Boyas J.F., Black W.H. & Brodell RT. (2017). Indoor tanning and its use among patients with skin cancer: Implications for nurses. *Journal of the Dermatology Nurses' Association*, 9(6), 303-305. doi: 10.1097/JDN.0000000000000354.
- **Wilkerson, A. H.**, Hackman, C. L., Rush, S. E., Usdan, S. L., & Smith, C. S. (2017). "Drunkorexia": Understanding eating and physical activity behaviors of weight conscious drinkers in a sample of college students. *Journal of American College Health*, 65(7), 492-501. doi: 10.1080/07448481.2017.1344848.
- Hackman, C. L., Pember, S. E., **Wilkerson, A. H.**, Burton, W. M., & Usdan, S. L. (2017). Slut-shaming and victim-blaming, new students same old perceptions: A qualitative investigation of undergraduate students' perceptions of sexual assault. *Sex Education*, 17(6), 697-711. doi: 10.1080/14681811.2017.1362332.
- Martin, B., **Wilkerson, A. H.**, Patterson, G., Nahar, V. K., & Sharma, M. (2017). Need for addressing oral health disparities in rural Appalachia. *Health Promotion Perspectives*, 7(4), 178-180. doi:10.15171/hpp.2017.32.
- Martin, B., Nahar, V. K., **\*Hutcheson, A. K.**, Boyas, J. F., & Sharma, M. (2017). Increasing sun protection behaviors among Iranian farmworkers: A call for action. *Health Promotion Perspectives*, 7(1), 4-6. doi:10.15171/hpp.2017.02.
- Gallucci, A. R., Martin, R. J., Hackman, C. L., & **\*Hutcheson, A. K.** (2016). Exploring the relationship between academic dishonesty and the misuse of stimulant medications among a sample of college students. *Journal of Community Health*, 42(2), 287-294.
- Nahar, V. K., **\*Hutcheson, A. K.**, Boyas, J. F., Jacks, S. K., & Brodell, R. T. (2016). Comment on "Gender-based differences and barriers in skin protection behaviors in melanoma survivors." *Journal of Skin Cancer*. doi:10.1155/2016/3874572.

- Nahar, V. K., Ford, M. A., Boyas, J. F., Brodell, R. T., **\*Hutcheson, A. K.**, Davis, R. E., ... & Biviji-Sharma, R. (2014). Skin cancer preventative behaviors in state park workers: A pilot study. *Environmental Health and Preventive Medicine*, 19(6), 467-474. doi:10.1007/s12199-014-0412-8.
- Nahar, V. K., Ford, M. A., Hallam, J. S., Bass, M. A., **\*Hutcheson, A. K.**, & Vice, M. A. (2013). Skin cancer knowledge, beliefs, self-efficacy, and preventative behaviors among north Mississippi landscapers. *Dermatology Research and Practice*. doi:10.1155/2013/496913.

### *Manuscripts Under Peer Review*

- **Wilkerson, A. H.**, **\*\*Bhochhibhoya, S.**, & **\*\*Dragicevic, A.** (Under Review). “You’re going to feel healthier at the end of the day”: How do employees use standing desks to reduce sedentary behavior in the workplace? *Qualitative Research in Sport, Exercise, and Health*.
- **\*\*Gowin, M.**, **Wilkerson, A. H.**, Maness, S. B, Larson, D. J., Crowson, M., **\*\*Smith, M.**, & Cheney, M. K. (Under Review). Wearable activity trackers and social identity in young adults. *Health Education Research*.
- **\*\*Uhl, R.**, **\*\*Bhochhibhoya, S.**, Maness, S. B., **Wilkerson, A. H.**, & Larson, D. J. (Under Review). Parents’ and guardians’ knowledge of health implications of processed meat and associations with feeding practices of school-aged children. *Childhood Obesity*.

### *Manuscripts in Progress*

- **Wilkerson, A. H.**, **\*\*Dragicevic, A.**, & **\*\*Salous, B.** (In Progress). Determinant of sedentary behavior in the workplace: An application of social cognitive theory. *Health Education Research*.
- **Wilkerson, A. H.**, **\*\*Dragicevic, A.**, & **\*\*Salous, B.** (In Progress). An exploration of socio-demographic, behavioral, and psychosocial factors influencing standing desk in the workplace. *American Journal of Health Promotion*.
- Sharma, M., Ford, M. A., Lakhan, R., Kanekar, A. **Wilkerson, A. H.**, **\*\*Daniels, M.**, & Nahar, V. K. (In Progress). Explaining readiness to change in physical inactivity behavior among college students in Mississippi using perfection quotient (PQ).

## PRESENTATIONS

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*Note:* \*Name change from Hutcheson to Wilkerson in 2017; \*\*Denotes current or former graduate or undergraduate student mentee

### *Peer Reviewed Abstract Presentations*

- **\*\*Salous, B.**, **Wilkerson, A. H.**, & **\*\*Dragicevic, A.** (2020, March). *An exploration of factors influencing standing desk use among university employees*. To be presented at the annual meeting of the American Academy of Health Behavior, Napa, CA. (Conference Cancelled).

- Gipson, H. D., Nahar, V. K., **Wilkerson, A. H.**, Roberts, J. E., Smith, A. M., Patel, V., Quadri, S. S. A., Mann, J. R., & Brodell, R. T. (2020, March). *Physicians' knowledge, attitudes, and practicing patterns regarding psychocutaneous disorders: A systematic search and literature review*. Presented at the annual meeting of the Dermatology Nurses' Association, Denver, CO.
- Zieman, D., Zardoost, P., Payson, S., Aman, I., **Wilkerson, A. H.**, Quadri, S. S. A., Bagheri, F., Savoy, M., & Nahar, V. K. (2020, March). *A systematic search and literature review of knowledge, attitudes, beliefs and practices regarding skin cancer among population in gulf countries*. To be presented at the annual meeting of the American Academy of Dermatology, Denver, CO.
- Griffin, D. B., Zieman, D., **Wilkerson, A. H.**, Nahar, L., Harber, I. D., Doo, C., Savoy, M., & Nahar, V. K. (2020, March). *Skin cancer related awareness, perceptions, and practices of non-medical professionals: A systematic narrative review*. To be presented at the annual meeting of the American Academy of Dermatology, Denver, CO.
- **Wilkerson, A. H.**, \*\*Dragicevic, A., & \*\*Salous, B. R. (2019, November). *Exploration of the relationship between social cognitive theory constructs and sedentary behavior among university employees*. Presented at the annual meeting of the American Public Health Association, Philadelphia, PA.
- **Wilkerson, A. H.**, Nahar, V. K., Sharma, M., Lakhan, R., Kanekar, A., & Ford-Wade, A. (2019, November). *Utilizing perfection quotient (PQ) to explain readiness to quit smoking among college students at a Southeastern University*. Presented at the annual meeting of the American Public Health Association, Philadelphia, PA.
- Maness, S. B., Cheney, M., **Wilkerson, A. H.**, \*\*Bernard, R., & \*\*Karki, I. (2019, November). *Utilizing a social determinants of health framework to elicit African American's perceived control beliefs about physical activity*. Presented at the annual meeting of the American Public Health Association, Philadelphia, PA.
- Lakhan, R., Sharma, M., Nahar, V. K., Kanekar, A., **Wilkerson, A. H.**, & Ford-Wade, A. (2019, November). *Developing and testing a scale for predicting readiness for health behavior change among college students*. Presented at the annual meeting of the American Public Health Association, Philadelphia, PA.
- Nahar, V. K., Sharma, M., **Wilkerson, A. H.**, Lakhan, R., Kanekar, A., & Ford-Wade, A. (2019, November). *Can perfection quotient (PQ) explain readiness for alcohol use behavior change among college students?* Presented at the annual meeting of the American Public Health Association, Philadelphia, PA.
- **Wilkerson, A. H.**, \*\*Bhochhibhoya, S., \*\*Dragicevic, A., & Umstatted Meyer, M. R. (2019, March). *An ecological exploration of factors influencing university employees' use of height-adjustable desks*. Presented at the annual meeting of the American Academy of Health Behavior, Greenville, SC.

- Piazza, A. J., Knowlden, A., Hibberd, E., Leeper, J., Paschal, A., Usdan, S., & **Wilkerson, A. H.** (2019, March). *Distracted street-crossing in college students: Application of the theory of planned behavior*. Presented at the annual meeting of the American Academy of Health Behavior, Greenville, SC.
- Dobbs, P. D., **Wilkerson, A. H.**, Cheney, M. K., Jozkowski, K., \*\*Marcantonio, T., & \*\*Smith, M. (2019, March). *Young adults' use of e-cigarettes to quit smoking: A reasoned action approach*. Presented at the annual meeting of the American Academy of Health Behavior, Greenville, SC.
- Nahar, V. K., **Wilkerson, A. H.**, Ford-Wade, M. A., & Sharma, M. (2019, February). *Understanding and predicting indoor tanning cessation using multi-theory model of health behavior change*. Presented at the Annual Meeting of the Dermatology Nurses' Association, Washington, DC.
- \*\*Smith, M., \*\*Gowin, M., **Wilkerson, A. H.**, & Cheney, M. K. (2018, November). *Goal setting and competition among college and straight to work young adults using activity trackers*. Presented at the annual meeting of American Public Health Association, San Diego, CA.
- \*\*Thomas, H. O., & **Wilkerson, A. H.** (2018, November). *A systematic examination of physical activity correlates in nursing professionals*. Presented at the annual meeting of the American Public Health Association, San Diego, CA.
- Gallucci, A. R., Hackman, C. L., & **Wilkerson, A. H.** (2017, November). *Role of religion on the misuse of prescription stimulants in an undergraduate sample*. Presented at the annual meeting of the American Public Health Association, Atlanta, GA.
- **Wilkerson, A. H.**, Usdan, S. L., Leeper, J. L., Birch, D. A., Knowlden, A. P., & Hibberd, E. E. (2017, November). *Occupational sedentary behavior: Ecological influences on workplace behavior among university employees*. Presented at the annual meeting of the American Public Health Association, Atlanta, GA.
- Ramirez, H., Hackman, C. L., Gallucci, A. R., **Wilkerson, A. H.**, Witte, T., Yee, M. (2017, November). *Examining differences in normative perceptions of sexual violence perpetration in college students by gender, school, and perpetrator status*. Presented at the annual meeting of the American Public Health Association, Atlanta, GA.
- Nahar, V. K., **Wilkerson, A. H.**,...& Brodell, R. T. (2017, November). *Utility of health belief model in predicting sun protection behaviors among state-park workers in the southeastern United States*. Presented at the annual meeting of the American Public Health Association, Atlanta, GA.
- Knowlden, A. P., Shewmake, M., Evans, J., & **Wilkerson, A. H.** (2017, October). *Social-ecological model-based predictors of men's sleep duration*. Presented at the annual meeting of the Delta Chapter of the Society for Public Health Education, Tuscaloosa, AL.
- Hackman, C. L., Rush, S. E., \***Hutcheson, A. K.**, Loomis, K., & Yee, M. (2017, March). *Examining the relationship between "drunkorexia" and exercise dependence symptomatology*. Presented at the annual meeting of the Society for Public Health Education, Denver, CO.

- Piazza, A. J., \***Hutcheson, A. K.**, & Knowlden A. P. (2017, March). *Investigating U.S. emergency department visits associated with mobile phone use in public places*. Presented at the annual meeting of the Society for Public Health Education, Denver, CO.
- Pember, S. E., \***Hutcheson, A. K.**, Hackman, C. L., & Burton, W. M. (2017, March). *Slut-shaming and victim-blaming: A qualitative investigation of undergraduate students' perceptions of sexual assault*. Presented at the annual meeting of the Society for Public Health Education, Denver, CO.
- Piazza, A. J., \***Hutcheson, A. K.**, & Knowlden, A. P. (2016, November). *Systematic analysis of worksite-based environmental interventions to reduce sedentary behavior*. Presented at the annual meeting of the American Public Health Association, Denver, CO.
- Hackman, C. L., Rush S. E., & \***Hutcheson, A. K.** (2016, June). *Temporal precedence of "Drunkorexia" behaviors in college students*. Presented at the annual meeting of the American College Health Association, San Francisco, CA.
- \***Hutcheson, A. K.**, Hackman, C. L., Rush, S. E., Usdan, S L., & Matthews, J. C. (2016, April). *Examining differences in the co-occurrence of heavy episodic drinking, physical activity, and disordered eating behaviors in college students*. Presented at the annual meeting of the Society for Public Health Education, Charlotte, NC.
- \***Hutcheson, A. K.**, & Knol, L. L. (2016, April). *Exploring the relationship between parental and personal weight perceptions and self-reported physical activity among adolescents in the United States*. Presented at the annual meeting of the Society for Public Health Education, Charlotte, NC.
- \***Hutcheson, A. K.**, Ford, M. A., Bass, M. A., Barnard, M. (2015, April). *Cardiovascular disease awareness, knowledge, and perceived risk among college-age women*. Presented at the annual meeting of the Society for Public Health Education, Portland, OR.
- Ford, M. A., Nahar, V. K., Bass, M. A., Vice, M. A., Davis, R. E. \***Hutcheson, A. K.**\* (2014, May). *Influences on bone mineral density among Asian Indians residing in the US*. Presented at the annual meeting of the American College of Sports Medicine, Orlando, FL.
- Nahar, V. K., Ford, M. A., Hallam, J. S., Bass, M., \***Hutcheson, A. K.** (2013, November). *Skin Cancer knowledge, beliefs, self-efficacy, and preventative behaviors among north Mississippi landscapers*. Presented at the meeting of the American Public Health Association, Boston, MA.

### ***Invited Presentations***

- **Wilkerson, A. H.** (June, 2018). *Sit less, Move More: A Lunch and Learn Presentation*. OU Wellness. Norman, OK.
- **Wilkerson, A. H.** (February, 2018). *Sit less, Move More: A Lunch and Learn Presentation*. OU Wellness. Norman, OK.
- **Wilkerson, A. H.** (October, 2017). *Sit less, Move More: A Lunch and Learn Presentation*. OU Wellness. Norman, OK.

- Hackman, C.L., Rush, S.E., & \***Hutcheson, A. K.** (2015, October). *Behaviors in Weight Conscious Drinkers*. UC Berkeley - USC Cal Poly Joint Obesity Symposium, San Luis Obispo, CA.

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## FUNDING

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### *External Funding Awarded*

- Hackman, C. L., \***Hutcheson, A. K.**, Burton, W. M., & Usdan, S. L. (\$500) Qualitative Investigation of Unwanted Sexual Experiences: Prevention and Messaging. A.C.T.I.O.N. (Advocacy on Campuses That Impacts Our Nation) Grant: American Public Health Association's (APHA) Student Assembly. (Funded 2015). *Role: Co-investigator*

### *Internal Funding Awarded*

- **Wilkerson, A. H.** (\$7,000). An Exploration of Factors Influencing University Employees' Use of Height-Adjustable Desks. College of Arts and Sciences Junior Faculty Summer Fellowship Program. (Funded 2018). *Role: Primary Investigator*
- Nahar, V. K, Ford, M. A., & \***Hutcheson, A. K.** (\$1000) Development of a Skin Cancer Prevention Program for University of Mississippi Landscapers. Graduate Student Council Research Grant, The University of Mississippi. (Funded 2013). *Role: Co-investigator*
- Nahar, V. K., Ford, M. A., & \***Hutcheson, A. K.** (\$500) Sun Protection Behaviors of Park and Recreation Professionals in Mississippi. Graduate Student Council Research Grant, The University of Mississippi. (Funded 2012). *Role: Co-Investigator*

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## TEACHING EXPERIENCE

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### **The University of Alabama – (2019 – Present)**

- HHE 273: Community and Public Health (Undergraduate)
- HHE 468: Practical Applications in Health Communication/Health Promotion (Undergraduate)
- HES 509: Research Methods (Graduate)
- HHE 667: Advanced Evaluation in Health Education and Health Promotion (Graduate)

### **The University of Oklahoma – (2017 – 2019)**

- HES 3513: Health Promotion Program Planning (Undergraduate)
- HES 3563: Health Behavior Theory (Undergraduate)
- HES 4953: Senior Capstone (Undergraduate)
- HES 6553: Advanced Measurement and Evaluation in Health Promotion (Graduate)
- HES 6563: Health Behavior II – Community, Organizational, and Policy Influences (Graduate)

### **The University of Alabama – (2014 – 2017)**

- HHE 370: Principles and Foundations of Health Promotion (Undergraduate)
- HHE 440: Understanding Stress Management (Undergraduate)

**The University of Mississippi – (2012 – 2014)**

- HP 191: Personal Health (Undergraduate)
- EL 129: Body Contouring and Conditioning (Undergraduate)
- EL 147: Tennis (Undergraduate)
- EL 151: Weight Training (Undergraduate)
- EL 158: Low Impact Aerobics (Undergraduate)
- EL 156: Jogging (Undergraduate)

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**PROFESSIONAL MEMBERSHIPS**

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**Professional Memberships**

- American Public Health Association (2013 – Present)
- American Academy of Health Behavior (*Affiliate Member*, 2017 – Present)
- Society for Public Health Education (2015 – 2017)
- American College of Sports Medicine (2016 – 2017)

**Professional Meetings Attended**

- APHA, Annual Meeting, Philadelphia, PA, November 2019
- AAHB, Annual Meeting, Greenville, SC, March 2019
- APHA, Annual Meeting, San Diego, CA, November 2018
- AAHB, Annual Meeting, Portland, OR, March 2018
- APHA, Annual Meeting, Atlanta, GA, November 2017
- APHA, Annual Meeting, Denver, CO, November 2016
- SOPHE, Annual Meeting, Charlotte, NC, March 2016
- SOPHE, Annual Meeting, Portland, OR, April 2015
- APHA, Annual Meeting, Boston, MA, November 2013

**Professional Development Activities Attended**

- Online Learning Innovation Summit (OLIS), UA, February 2020
- Promotion and Tenure Workshop, OU, February 2018

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**ACADEMIC AWARDS AND RECOGNITION**

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- AAHB Research Scholars Mentorship Program Participant, OU, 2018
- College Award for Excellence in Teaching by a Doctoral Student, UA, 2017
- Outstanding Doctoral Student in Health Education and Promotion, UA, 2017
- Graduate Council Fellowship Recipient, UA, 2014
- H. Leon Garrett Graduate Student Award in Health Promotion, UM, 2014
- Taylor Medal Recipient, UM, 2012
- Brad Davis Southeastern Conference Post-Graduate Scholarship Recipient, 2012
- Who's Who Among American Colleges and Universities, UM, 2012

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**STUDENT MENTORSHIP**

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**Doctoral Dissertations – The University of Alabama (2019 – Present)**

- Alicia Ingargiola (In Progress) *Sleep Behavior in College Athletes: An Application of the Theory of Planned Behavior*  
Role: Committee Member

**Doctoral Dissertations – The University of Oklahoma (2017 – 2019)**

- Mary Gowin (Completed Fall 2017) *An Exploration of the Use of Health and Fitness Apps and Wearable Activity Trackers by Young Adults*  
Role: Committee Member

**Master's Theses – The University of Alabama (2019 – Present)**

- Ellie Cochran (In Progress) *The Influence of Advertising on Electronic Nicotine Delivery Systems Among Adolescents*  
Role: Committee Member

**Master's Theses – The University of Oklahoma (2017 – 2019)**

- Andrew Gillingham (Completed Summer 2019) *The Effects of Batter's Eyes Characteristics on the Hitting Process and Hit Quality among Professional Baseball Players*  
Role: Committee Member
- Riley Uhl (Completed Spring 2019) *Parents' and Guardians' Knowledge of Health Implications of Processed Meat and Associations with Feeding Practices of School-Aged Children*  
Role: Committee Member
- Rhonda Bernard (Completed Spring 2018) *Utilizing a Social Determinants of Health Framework to Elicit African American's Perceived Control Beliefs about Physical Activity*  
Role: Committee Member

**Undergraduate Student Mentorship – The University of Oklahoma (2017 – 2019)**

- Bushra Salous, Undergraduate Honors Student Research Assistant, Spring 2019
- Kelsee Crawford, Undergraduate Student Research Assistant, Spring 2018

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**SERVICE**

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**Professional Service**

- Chair, *APHA PHEHP Awards Committee*, 2018 – Present
- Member, *AAHB Professional Development and Mentoring Council*, 2018 – Present
- Co-Chair, *APHA PHEHP Awards Committee*, 2017-2018
- Abstract Reviewer, *APHA Annual Meeting*, 2015 – Present
- Abstract Reviewer, *AAHB Annual Meeting*, 2018 – Present
- Ad Hoc Reviewer, *BMC Public Health*, 2020 – Present
- Ad Hoc Reviewer, *Journal of Occupational and Environmental Medicine*, 2019 – Present
- Ad Hoc Reviewer, *American Journal of Health Promotion*, 2019 – Present

- Ad Hoc Reviewer, *Health Behavior Research*, 2018 – Present
- Ad Hoc Reviewer, *Journal of Aging and Physical Activity*, 2018 – Present
- Ad Hoc Reviewer, *American Journal of Health Behavior*, 2018 – Present
- Ad Hoc Reviewer, *Journal of American College Health*, 2017 – Present
- Ad Hoc Reviewer, *Obesity Reviews*, 2017 – Present
- Abstract Reviewer, SOPHE Annual Meeting, 2015 – 2017

**University Service**

- Member, Pre-Medical/Pre-Dental Interview Committee, OU, 2018-2019
- Delegate, Graduate Student Association, Graduate School, UA, 2016-2017
- Peer Mentor, Tide Together Mentoring Program, Graduate School, UA, 2015-2017
- Graduate Ambassador, Graduate School, UA, 2015-2017
- Member, Graduate Student Council, Graduate School, UM, 2012-2014
- Committee Co-Chair, Philanthropic Committee, Graduate Student Council, UM, 2013-2014
- Coordinator, Employee Health Fair, UM, 2012-2013

**College Service**

- Member, Curriculum Committee, Instruction Subcommittee, UA, 2019-Present
- Member, Research Committee, UA, 2015-2017

**Departmental Service**

- Health Promotion Faculty Search Committee Member, HES Department, OU, 2019
- Undergraduate Committee, HES Department, OU, 2017-2019
- Planning Committee Member, HES Department, OU, 2017-2019
- Health Promotion Faculty Search Committee Member, HES Department, OU, 2017
- Personal Health Textbook Selection Committee member, HS Department, UA, 2016-2017

**Community Service**

- Cleveland County Healthy Lifestyle Workgroup, Member, OU, 2017-2019